6 Plant Ebb & Flow (Flood And Drain) Hydroponic system

Although these directions are for building a six plant system, these designs can easily be adapted for as many plants as you want. The picture to the right shows two of these systems together. The one in front is the 6 plant system, and the one farther back on the same table is a smaller 4 plant system. These two systems are connected together, running in series so they can both run using the same reservoir, pump, and timer. Adding the smaller 4 plant system was only an afterthought, there is no real limit to how many plants you can have growing in a single system, as long as your water reservoir is large enough.

**Parts List**

- 6 empty two liter bottles (cleaned and sterilized)
- ¾ inch PVC tubing
- Eight, ¾ inch P.V.C “T” connectors
- ½ inch threaded and barbed PVC connector (to connect vinyl tubing to PVC)
- One, ¾ inch to ½ inch reducing connector (to connect to barbed connector)
- Seven, ¾ inch PVC elbow connectors
- Six, ¾ inch PVC straight coupling connectors (to attach bottles to PVC tubing)
- PVC glue
- Epoxy glue, or a hot glue gun and glue sticks
- Water pump (strong enough to pump water higher than you need it to)
- ½ inch black vinyl tubing
- 10-20 gallon storage tote (for reservoir), larger is better
- Black spray paint (to light proof the reservoir and 2 liter bottles)
- White spray paint (to paint over the black paint)
- Aquarium air pump (optional)
- Air stones (optional)
- Air line (optional)

Building your Hydroponic System

To build the six plant Ebb & Flow (Flood and drain) Hydroponic system, first cut off the bottoms of the 2 liter bottles. Then make a bunch of drain holes in the bottoms you cut off. You can drill the holes, but it might be easier to use a hot metal poker to melt the holes in the plastic. The small plastic bottoms can be hard to hold in place when drilling because the drill bits can get stuck on the plastic at times. Now flip the bottoms upside down, and slide them down into the bottles. This is basically your screen, that what will keep the growing media from going down the neck of the bottle and into the PVC tubing. There is no need to glue them in place.

Now grind off enough of the threads from the neck of the bottle so they fit inside the ¾ inch straight PVC tubing connectors. Once they fit inside, then glue them in place using the epoxy glue or hot glue. Try and make them as straight as you can so the bottles point straight up (it looks better when they are all straight).

Once the glue is dried/cured. Wad up a piece of paper towel and stick it in the opening of the PVC connector glued to the bottles, that way paint wont get inside the connector. Then place the bottles neck up on a newspaper and paint them with the black paint. The black paint will block light and keep algae from growing inside the bottles. Once the black paint dries, paint them again with the white paint. The white paint will reflect light and help keep the bottles from absorbing heat. Plus it looks better than black. Make sure to only paint the outside of the bottles. The picture to the left is of a finished painted bottle that is already installed in the hydroponic system.

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Building the hydroponic system base

Building the base of the six plant system is very easy to do, all you need is a hacksaw to cut the tubing, and a sharp blade knife to scrape the burs off of the cut pieces after you cut them. A tape measure to make sure all the pieces you cut are the length you want them to be, and PVC glue to glue all the pieces together when done. But make sure you don't glue anything together until you have all the pieces cut and everything dry fitted together first. That way if you need to make changes, you don't need to start over. Once you glue it, it won't come apart again.

The exact size you cut your pieces isn’t really that important, you mainly just want to make sure the pieces that are supposed to be the same size as the ones on the other side, are the same. Otherwise it won’t look right. Also your spacing will mainly be dependent on how big the plants you place in it will get when their full grown. If you space them to close together the plants will become crowded when they get big, and if you space them too far apart you won’t be able to get as many plants in the space you have available.

As an example: if the plants you are growing are expected to get 2 feet wide when full size (one foot on either side), you want to make sure you space them about 2 feet apart. One foot for that plant, and one foot for the plant next to it, that makes 2 feet of space you need between them. If you spaced them 4 feet apart, you could have had twice as many plants in the space. And if you space them only one foot apart, they would become crowded before they reached full size. I expected my plants to get about 2 feet wide, so I spaced them with that in mind, but your spacing may vary. Just make sure you cut your pieces so everything is even if you want different spacing. The drawings aren’t exactly to scale, but you'll get the idea.

[Diagram of the hydroponic system base]

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The image below is a top view of the base of the hydroponic system. Notice the short pieces of ¾ inch PVC tubing pointing straight up from each of the “T” connectors where each of the six 2 liter bottles will be placed. Make sure these pieces aren’t too long or the 2 liter bottles can become a bit tipsy. Two to three inches should be fine, and again make sure to dry fit everything together first before gluing them together.

Also notice the “T” connector for the overflow tube is opposite the side where the barbed ½ inch connector for the flood line from the pump is located. In order for the water to flow properly, you want the water to fill from one side of the system, and return from the other side. So it flows all the way across.

The threaded and barbed connector for the vinyl tubing fits ½ inch tubing. So you need a ¾ inch to ½ inch tubing connector to connect them. You need a short piece of PVC on both sides of the connector to connect it to the other fittings. The barbed connector connects to the ½ inch PVC tubing. But the PVC tubing is not threaded. Not shown in the picture is another connector that is needed. It slips on the ½ inch PVC tubing, and is threaded on the other end. Then the barbed connector just screws onto it.

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Now you can put the 2 liter bottles in place on the hydroponic system base. Don't glue them on, just press them on snugly. You will want them removable later for maintenance, as well as for easier cleaning when your ready to clean out the system to get ready for the next grow. No mater what you do the roots will wind up growing down into the tubing, and when there is enough of them they can clog the tubing. That's when you'll want to be able to remove the bottles and cut the roots off that are clogging it. There will be a little dripping from this connection initially (because it isn’t glued). But it will slowly stop as the mineral salts in the nutrients build up and clog the drips.

Now that you have the 2 liter bottles in place, you can construct the overflow side. You want the bottles in place so you know how high to make the overflow tube. The height of this tube determines the water height in the 2 liter bottles.

You want the water level in the 2 liter bottles to be about 2 inches below the top of the growing media inside the bottles. That will provide plenty of moisture for the roots below, as well as prevent your plants from developing stem rot from excess moisture on the main stem of the plant. Now that you have the 6 plant flood and drain hydroponic system all built and dry fit together. Go ahead and glue all the PVC connections except where the 2 liter bottles connect to the system.

Air pockets that get in the system can do some strange things like having some of the bottles not fill with water, while the rest are flooding just fine. This problem is easy to fix. Just drill a small hole or two in the top of the overflow tube. Make sure it is at the very top, so you don't have water continually flowing out of this hole. You want it above the path the water takes back to the reservoir. You will have some water drops occasionally drip out of this hole, but if placed right, that should be very little.
If you want to eliminate any drips coming from the drill hole, you can change the configuration of the overflow tube, and raise the drill holes farther above the water flow. If you replace the elbow connector with a “T” connector, then insert a small piece of tubing in the top of the “T” connector, that will raise it even farther above the water flow. Then just place a end cap at the top, and drill your small holes in the end cap.

Now that you have your hydroponic system built, all that is left is to set up your reservoir, and attach your pump. The easiest place to put the reservoir is straight below the overflow tube. Just line it up and make a small hole in the lid where the overflow tube will go through.

The picture to the left shows the overflow tube going straight down into the reservoir. The reservoir in the picture hasn’t been painted yet. But like you did with the 2 liter bottles, you'll want to paint the outside of your reservoir black to light proof it, then white to reflect light.

You can also see the another hole in the lid where the black vinyl tubing from the pump is coming out. Also coming out of that same hole is the cord for the plug from the pump. The small clear tubing coming out of hole where the overflow tube is going in, is the air line tubing from the air pump. And it is connected to the air stone inside the reservoir.

In the picture the overflow tube looks like it is coming from two places. It is, that system was two systems in one. One 6 plant system just like in these directions, as well as another smaller 4 plant system connected in series.

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So the tube coming up to the overflow is from the 6 plant system, and the tube coming straight across to the overflow is coming from the smaller 4 plant system. These directions are for just the one 6 plant system, so you won't have the other overflow coming across from the other system.

In the picture to the right, you can see the black vinyl tubing coming from the pump in the reservoir being split into two lines, and connecting to the barbed connector to both systems (the 6 plant system as well as the smaller 4 plant system). Now your all done building your 6 plant Ebb & Flow (Flood & Drain) hydroponic system. All you have left to do is grow your plants in it.

Happy Gardening

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